

Personal Training - In House Trainer/ Freelance Trainer	Duration	Member (HK\$)	Guest (HK\$)
Private			
Single Session	60 mins	\$965	\$1,155
Package of 3 Sessions*	60 mins	\$880 (\$2,640)	\$1,055 (\$3,165)
Package of 10 Sessions	60 mins	\$840 (\$8,400)	\$1,005 (\$10,050)
Package of 20 Sessions	60 mins	\$810 (\$16,200)	\$970 (\$19,400)
Package of 30 Sessions	60 mins	\$790 (\$23,700)	\$945 (\$28,350)
Semi-Private 1 on 2			
Single Session	60 mins	\$600	\$720
Package of 10 Sessions	60 mins	\$505 (\$5,050)	\$605 (\$6,050)
Package of 20 Sessions	60 mins	\$485 (\$9,700)	\$580 (\$11,600)
Package of 30 Sessions	60 mins	\$470 (\$14,100)	\$560 (\$16,800)
Private Group / Group Fitness Class / Others			
Group Fitness Class			
Single Session	60 mins	\$260	\$310
Package of 10 Sessions	60 mins	\$220 (\$2,200)	\$265 (\$2,650)
Private Group Fitness Class (Form your own group of min. 3)			
Single Session	60 mins	\$315	\$365
Teen Gym Induction			
Single Session	45 mins	\$450	

Terms and Conditions

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- Prepaid packages are non-refundable, non-transferrable and cannot be redeemed for cash.
- The sessions must be used by the client personally and cannot be reassigned.
- At least 12 hours advance notice is required for rescheduling/cancelling the session. Otherwise the session will be charged in full.
- All paid sessions must take place before the expiry date, failing which the client will not be entitled to any further sessions under the agreement or to any refund.
- Sick Leave - Please notify the concerned outlets and present a valid medical certificate within the next 48 hours to be eligible for lesson fee waiver a maximum of once a month.
- The package of 3 sessions personal training is only applicable to new join member.
- The package of (3/10/20/30) sessions expires in (1/3/6/9) months after the date of purchase.
- Hong Kong Parkview reserves the right to change the Terms and Conditions at any time without prior notice.
- Should any disputes arise, the decision of Hong Kong Parkview shall be final.



Enquiries & Enrolment: 2812 3945 / 5200 8010
Please scan the QR code or
contact our Personal Trainers for more details.



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香港阳明山庄 | Q

