



GIGI HUNG

Training Philosophy

What you focus on is what becomes powerful

Qualifications

- Personal Training Certificate Course - IPTFA
- PTA Global Certificate in Personal Training
- ST. John CPR & AED Certificate

2018 NABB/WFF Australia Bikini 4th Place

2018 NABB/WFF Victoria Bikini 4th Place

2018 12 Week Search4Warriors 2nd Place

2018 28 Day Transformation Champion

Training Areas

- Body-Building / Figure Competition
- Metabolic Specialist (weight loss / gain)
- Prehab / Post Injury
- Weightlifting
- Stretching

Personal Interests

Sport

Pet Care

Travelling

Hiking