

th
30th
HONG KONG Parkview
陽明山莊
ANNIVERSARY
SINCE 1989

NEWSLETTER

DECEMBER 十二月 2019



MESSAGE TO MEMBERS 給會員的訊息

Only a few short weeks until Christmas and the decorations are sparkling around the Clubhouse! There's still time for last minute arrangements to keep the family happy, personal fitness goals to be achieved and plenty of Christmas spirit to get involved with. Enrol the kids into one of the educational and fun-filled Christmas Camps from 16 December to 3 January. If you sign up with a friend you can both benefit from a 20% discount.

More offers are coming to town for our members and guests. For those who have not registered for our online membership portal, Perfect Gym, it is time to enrol through the hassle-free system for our winter term programs and receive a 5% discount! Private fitness classes are available for sports enthusiasts who wish to work towards defined goals, create your own customised group now.

The 1989 Minute Cardio Fitness Challenge is a fitting end to our amazing 30th Anniversary year. Keep your heart and mind healthy and challenge yourself as we wave goodbye to 2019.

All the team at Spa & Resort would like to wish everyone a very Merry Christmas and a Happy New Year!

再過幾個星期就是聖誕節了！陽明山莊會所內充滿着閃爍的節日裝飾，每個角落都瀰漫着濃厚的聖誕氣氛。立刻把握最後機會，為家人安排喜慶歡樂的聖誕活動，並實現個人健身目標，一同感受源源不絕的節日氣氛。您也可為孩子報名參加12月16日至1月3日期間一系列寓學習於娛樂的聖誕節日營。邀請一位親朋好友一同入營，即可共享八折優惠。

更多優惠禮遇接踵而來，讓會員和訪客歡度聖誕。如果您還未使用過我們方便易用的網上會員健身系統 Perfect Gym，立即註冊以報名參加冬季課程，換領九五折優惠！自問是運動健將的您，不妨參加私人健身班，積極邁向健身目標。馬上與好友同行或組團報名吧。

隨著陽明山莊30周年誌慶進入尾聲，我們專程為您準備了「1989分鐘帶氧運動挑戰」，讓您一邊鍛鍊身心，考驗自己的毅力，一邊告別2019年。

康樂部全人在此祝大家聖誕及新年快樂！



Andy Chu 朱國庭

Spa & Resort Manager 康樂部經理

eNews Subscription 會訊訂閱
Don't miss out! Subscribe to Parkview's bi-weekly eNews for all the latest happenings and offers at the Club.

立即訂閱我們的雙週會員通訊，了解最新禮遇及活動！



TEAHOUSE 茶館 / MING YUEN 明園

SEASONAL OFFERS AT TEAHOUSE AND MING YUEN – 12 COUPONS FOR THE PRICE OF 10!

Dine with us this Christmas and New Year! Come to taste the specially-designed season menus at Ming Yuen and Teahouse. Don't miss our "12 coupons for the price of 10" festive special offer!

茶館及明園節日禮遇 — 買十賞二

聖誕及新年期間，前來茶館及明園品嚐節慶餐單，共享節日歡樂。不要錯過我們的「買十賞二」節日禮遇！

Ming Yuen: Hairy Crab and Snake Soup Set Menu Coupon

明園：大閘蟹及蛇羹套餐餐券

HK港幣\$538 per person 每位

Not available on 22, 24, 25 and 31 December, 2019 不適用於2019年12月22、24、25及31日

Valid until 31 December, 2019 有效期至2019年12月31日

Teahouse: 12-3 Lunch Buffet Coupon*

茶館：12-3自助午餐餐券*

HK港幣\$238 per person 每位

Available on 2 - 6, 9 - 13, 27 & 30 December, 2019

適用於2019年12月2 - 6, 9 - 13, 27及30日

Available on 2 - 3, 6 - 10, 13 - 17, 20 - 24 & 29 - 31 January, 2020

適用於2020年1月2 - 3, 6 - 10, 13 - 17, 20 - 24及29 - 31日

HK港幣\$278 per person 每位

Available on 1, 7 - 8, 14 - 24, 26, 28 - 29 & 31 December, 2019

適用於2019年12月1, 7 - 8, 14 - 24, 26, 28 - 29及31日

Available on 4 - 5, 11 - 12, 18 - 19 & 26 - 28 January, 2020

適用於2020年1月4 - 5, 11 - 12, 18 - 19及26 - 28日

* Valid until 31 January, 2020 有效期至2020年1月31日

Terms and Conditions apply 受條款及細則約束



Enquiries and reservations 查詢及訂座

Teahouse 茶館：2812 3804 / 9231 7021

<http://bit.ly/2rSXy5U>

Ming Yuen 明園：2812 3908 / 6379 6359

<http://bit.ly/37Wir0G>

CHRISTMAS PROGRAMS 聖誕節目

TEAHOUSE CHRISTMAS & NEW YEAR BUFFETS 茶館聖誕及新年自助餐

Date 日期	12-3 Lunch Buffet 12-3自助午餐	Dinner Buffet 自助晚餐
	Adult 成人 / Child 小童 (HK港幣)	Adult 成人 / Child 小童 (HK港幣)
24/12/19	\$278 / \$178	\$598 / \$328* 🎁🎁🎁
25/12/19	\$498 / \$298* 🎁🎁🎁	\$598 / \$328* 🎁🎁🎁
26/12/19	\$278 / \$178 🎁	\$498 / \$298 🎁
31/12/19	\$278 / \$178	\$598 / \$328* 🎵
01/01/20	\$498 / \$298 🎁🎁	—



Santa Claus 聖誕老人



Balloon Twisting 扭氣球



Party Favours 派對禮物



Face Painting 面部彩繪



Piper 風笛演奏



* Ticketed Event 購票項目

Enquiries and reservations 查詢及訂座：2812 3804 / 9231 7021

<https://www.hongkongparkview.com/updates/christmas-buffet-2019>

FESTIVE CHRISTMAS HAMPERS AND GOURMET FAVOURITES

'Tis the season to share the joy! Our Hampers are the perfect gifts for your cherished friends and valued clients. The exquisitely adorned Hampers are filled with fine wines and gourmet delights.

For anyone hosting an evening soirée or an intimate family party over the festive season, our Christmas Takeaway Goodies will be an ideal choice for you. Order our Hampers and Goodies by scanning the below QR code.

聖誕限定禮物籃及精選美饌

想在聖誕這個普天同慶的大日子，為知己好友和尊貴客戶送上節日祝福？包裝精美、滿載美酒佳餚的禮品籃絕對是您的送禮佳品！

佳節將至，如欲宴請賓客或與摯愛家人聚首一堂，我們的聖誕外賣美食是您的不二之選。立即掃描下方的二維條碼，購買我們的禮品籃或外賣美食。

Delights Hamper 歡欣聖誕禮品籃：HK港幣\$1,388

Prestige Hamper 尊貴聖誕禮品籃：HK港幣\$1,888



Enquiries and orders 查詢及訂購：2812 3804 / 9231 7021

<https://www.hongkongparkview.com/updates/christmas-buffet-2019#cm4>

TEPPANYAKI 鐵板燒 / GEORGE'S 佐治

SPECIAL SAWANOI SAKE PAIRING DINNER

Join us for a unique 7-course Sawanoi Sake Pairing Dinner featuring 7 signature Sakes from the renowned Ozawa Brewery in Tokyo. Our chefs have expertly paired these mellow Sakes to succulent teppanyaki and tempura dishes.

尊尚澤乃井清酒搭配晚宴

品嚐獨一無二的七道菜澤乃井清酒晚宴，細味七款來自東京著名小澤酒造的澤乃井清酒，並搭配由大廚悉心炮製的鐵板燒及天婦羅菜式。



Enquiries and reservations 查詢及訂座：2812 3804 / 9231 7021

<https://www.hongkongparkview.com/offers-teppanyaki/sawanoi-sake-pairing-dinner>

GEORGE'S NEW MENUS

The new menus at George's firmly place beef front and centre with mouth-wateringly tender classics including a Western Set Menu with the latest launched **60 Day Dry Aged U.S. Angus Beef Prime Rib** and a Japanese Set Menu with new **Yakiniku Platter** or **Sukiyaki** that fill the air with wonderful aromas as it bubbles away. Indulge in the wonder of George's from 6pm – 11pm, every day except Monday.



佐治全新菜單

佐治推出令人食指大動的全新菜單，以特級的經典牛肉菜式為亮點。西式餐單主打最新登場的**60日乾式熟成美國頂級安格斯牛帶骨肉眼**，而日式餐單則為您呈獻滋味滿溢的**燒肉拼盤**或**壽喜燒**。前來品嚐佐治的極致滋味吧！營業時間為下午6時至晚上11時，逢星期一休息。



Enquiries and reservations 查詢及訂座：2812 3928 / 5200 8093

<https://www.hongkongparkview.com/wine-dine/georges>

HIGHLIGHTS OF THE MONTH 本月精選

CHRISTMAS CAMPS

Engage your kids in our Christmas Camps to learn and have fun! This year, we will be offering a Multi Intelligence Holiday Camp, Mini Sports Camp and Curiosity Science Camp between 16 December, 2019 and 3 January, 2020. The Camps are aimed at getting the little ones motivated by sports activities and science concepts.

聖誕節日營

報名參加兒童聖誕節日營，讓孩子在娛樂之中學習！今年，陽明山莊將於2019年12月16日至2020年1月3日期間舉辦多元智能假日營、幼兒運動營和探奇科學營，旨在培養小朋友對體育運動和科學概念的興趣。



**Enrol together with a friend to enjoy 20% discount for the entire group.
攜同好友一同報名入營，即可共享八折優惠。**



Enquiries and enrolments 查詢及報名：2812 3945 / 5200 8010

<https://www.hongkongparkview.com/offers-spa/christmas-camp-2019>

PRIVATE FITNESS CLASSES

Create your own customised group.

私人健身班

與好友同行或組團報名。

Price 價目：

HK港幣\$300 (per member 每位會員) /

HK港幣\$350 (per guest 每位訪客)



Terms and Conditions apply.
受條款及細則約束。

Enquiries and enrolments 查詢及報名：2812 3941 / 5200 6962

<https://www.hongkongparkview.com/spa-resort>

HIGHLIGHTS OF THE MONTH 本月精選

1989 MINUTE CARDIO FITNESS CHALLENGE

Can you complete our 1989 Minute Cardio Fitness Challenge? Keep the festive excesses at bay by completing a total of 1989 minutes (33 hours 9 minutes) of cardio exercises or 30 km of running in December. Everyone who enters will receive a HK\$50 voucher redeemable at the Lifestyle Café.

1989分鐘帶氧運動挑戰

您有信心接下戰帖，完成我們的「1989分鐘帶氧運動挑戰」嗎？今個12月，讓我們一同踢走節日囤積下來的脂肪，迎戰全長1989分鐘（33小時9分鐘）的帶氧運動或30公里長跑賽事，所有參賽者均可獲贈價值港幣\$50的健怡坊現金券乙張。



Participants can show us the result on any running app.
參加可透過任何跑步應用程式向我們展示成果。

Enquiries and enrolments 查詢及報名：2812 3941 / 5200 6292

<https://www.hongkongparkview.com/offers-spa/1989-minute-cardio-fitness-challenge>

MEMBER'S EVENT 會員活動

MOVIE NIGHT

Frozen

Date: 06/12 (Fri)

Time: 5:00pm – 7:00pm

Venue: Spa & Resort

電影之夜

冰雪奇緣

日期：12月6日(星期五)

時間：下午5時至晚上7時

地點：康樂部



Enquiries 查詢：2812 3945 / 5200 8010

WINE TASTING EVENT 試酒會

Date: 21/12 (Sat)

Time: 6:00pm – 9:00pm

Venue: Clubhouse Lobby

Theme: Japanese Sake

日期：12月21日(星期六)

時間：晚上6時至9時

地點：會所大堂

主題：日本清酒



All suite guests, members and residents aged 18 years old or above are invited to a splendid wine tasting evening. Explore sake with our professional sommelier and grab a few bottles!

誠邀所有年滿18歲或以上的陽明居住客、會員及陽明山莊住戶，與專業品酒師一同細味清酒，並即場挑選頭好。

Enquiries 查詢：2812 3804 / 9231 7021

<https://www.hongkongparkview.com/mem-events/wine-tasting-dec-2019>