

th
30th
HONG KONG Parkview
陽明山莊
ANNIVERSARY
SINCE 1989

NEWSLETTER

AUGUST 八月 2019



MESSAGE TO MEMBERS 給會員的訊息

The Summer Camps have been, and continue to be amazing, and like the kids we can't sit still, we are busy planning for new back-to-school activities. Stay tuned for more new term activities!

With a new class season approaching, we have upgraded our payment and booking system to give you better control of your membership. With a new App and online member's portal – Perfect Gym, you can handle class bookings, online payments and more with just a click.

For all the new Dads and Mums, this one is specially for you – a parent empowerment open forum by Early Childhood Consultants from Learning Journey on the evening of 27 August. Grab some handy tips to manage your little one's difficult behaviours and raise their confidence.

Stay awesome this summer!

時值盛夏，我們的暑期夏令營已進行得如火如荼！轉眼間快到九月了，我們現正籌備新的活動課程，務求令孩子能在快樂中成長並寓教於樂。詳情稍後公佈，敬切留意！

康樂部的付款及預約系統經已升級 — 透過全新應用程式及網上會員健身系統Perfect Gym，會員只需輕鬆一按，即可預約課堂、進行網上繳費及尊享其他有關服務了。

對於初為父母的會員，我們將會為您於8月27日晚上舉辦家長育兒講座。屆時，來自Learning Journey的教育顧問將會分享小貼士，讓您能了解如何處理小孩的行為問題，並有效提升孩子的自信。

祝大家有一個愉快和精彩的暑假！



Andy Chu 朱國庭
Spa & Resort Manager 康樂部經理

eNews Subscription 會訊訂閱
Don't miss out! Subscribe to Parkview's bi-weekly eNews for all the latest happenings and offers at the Club.
立即訂閱我們的雙週會員通訊，了解最新禮遇及活動！



A TIMELESS TASTE OF 1989 @PARKVIEW OUTLETS

In celebration of Parkview's 30th Anniversary, from 1 August, all F&B outlets will feature a unique 1989 menu comprising of Parkview's iconic and most popular recipes over the last 3 decades. Which one is your favourite?

MING YUEN 明園

- South African Four-head Abalone with Goose Webs (HK\$198.9)
原隻南非四頭鮑魚伴鵝掌 (港幣\$198.9)

Reservations 訂座 :

2812 3908 / 5200 8090

TEAHOUSE 茶館

- Hainan Chicken Rice plus Sweetened Coconut Jelly and a drink (HK\$198.9)
海南雞飯、椰皇果凍及一杯飲品
(港幣\$198.9)

Reservations 訂座 :

2812 3804 / 5200 8091



1989的經典滋味 @陽明山莊餐廳

為慶祝三十周年誌慶，由8月1日起，陽明山莊各餐廳將推出多款經典1989菜餚，當中包括過去三十年來最具代表性及最受歡迎的菜式。不知哪一款最合您的心意呢？

TEPPANYAKI 鐵板燒

- New Teppanyaki and Tempura Set Menu plus a complimentary bottle of sake **(HK\$1,989 / 2 persons)**

全新鐵板燒及天婦羅定食套餐，配以一
瓶清酒 **(港幣\$1,989 / 2 位用)**

Reservations 訂座：2812 3804 / 5200 8091

OASIS 綠洲池畔

- New Set Lunch Menu, including Handmade U.S. Angus Beef Burger and more **(HK\$198.9)**

全新午市精選套餐包括自家製美國安格斯
牛肉漢堡包及其他精彩選擇 **(港幣\$198.9)**

Reservations 訂座：2812 3771 / 5200 8092

Scan the QR code
to learn more!

立即掃描二維條碼了解詳情！



30th ANNIVERSARY CELEBRATIONS 三十周年誌慶

3 MINUTE HEAD-TO-TOE FITNESS CHALLENGE

After the exciting Airbike and Rowing Challenges in May and June, we are throwing another 30th Anniversary special challenge to every member that consists of THREE intense, set-your-muscles-on-fire workouts – 1 min Push-up, 1 min Sit-up plus 1 min squat - no intervals! Highest number of reps wins. Accept the challenge now!

三分鐘體能挑戰

於5月及6月已圓滿結束的單車和划艇體能挑戰均反應熱烈，有見及此，我們現舉辦三十周年特備挑戰，一分鐘俯臥撐、一分鐘仰臥起坐和一分鐘深蹲。參賽者若能在指定時間內完成最多次數的以上動作為勝出。馬上參加接受挑戰吧！

Date 日期：1/8 – 31/8

Venue 地點：Gym 健身室

Enquiries 查詢：2812 3941 / 5200 6962



**PRIZE 獎品：Winners will receive
Unlimited Group Classes in September**
勝出者可無限次參加9月份之團體課程

'BACK TO 1989' FRIDAY MOVIE NIGHTS @CITY HALL

「回到1989」星期五電影之夜 @大會堂
5:00PM – 7:00PM 下午5時至晚上7時

Look Who's Talking

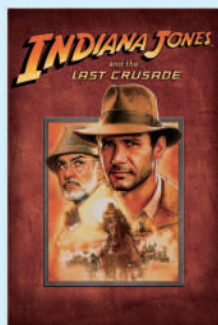
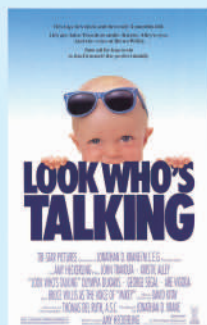
看誰在說話

Date 日期：9/8

Indiana Jones and the Last Crusade

聖戰奇兵

Date 日期：23/8



MEMBER'S EVENT 會員活動

WINE TASTING EVENT

Date: 31/8 (Saturday)

Time: 6:00pm – 9:00pm

Venue: Clubhouse Lobby

Theme: Wines from around the World

All suite guests, members and residents aged 18 years old or above are invited to a splendid wine tasting evening. Explore wines with our professional sommelier and grab a few bottles!

誠邀所有年滿18歲或以上的陽明居住客、會員及陽明山莊住戶，與專業品酒師一同探索美酒，並即場挑選心頭好。

Enquiries 查詢：2812 3804 / 5200 8091

<https://www.hongkongparkview.com/mem-events/wine-tasting-aug-2019>

試酒會

日期：8月31日(星期六)

時間：晚上6時至9時

地點：會所大堂

主題：世界各地的葡萄酒

HIGHLIGHT OF THE MONTH 每月精選

SUMMER SPLASH POOLSIDE PARTY 夏日池畔派對

All platinum members and their little ones are welcome to join us for a lively Summer Splash Poolside Party this August! See details below:

誠邀各白金會員及其小會員一起參加一個別開生面及精彩無比的水上派對，詳情如下：

Date 日期：24/8 (Saturday 星期六)

Time 時間：3:00pm – 5:00pm
下午3時至5時

Age 年齡：4 - 12

Venue 地點：Oasis Pool 綠洲池

Price 價目：HK港幣\$150 (member 會員)
HK港幣\$200 (guest 非會員)



What to Expect: A wide selection of inflatable pool floats, fun games, water gun battles and more.

節目：各種充氣小艇、浮牀和玩意，及各種水上球類活動、水槍……



* Enjoy a sumptuous lunch before the party at Teahouse, Ming Yuen or Oasis with a 10% discount on the day.

於派對舉行前，可於茶館、明園或綠洲池畔以九折優惠享用豐富午餐。

Enquiries and enrolment 查詢及報名：2812 3945 / 5200 6963

<https://www.hongkongparkview.com/updates/poolside-party>

JUNIOR PLAYER OF THE MONTH

Name: **Apolline Thiriaux**

Age: **11**

What age did you start playing? **4**

Favourite Player: **Roger Federer**

Favourite Shot: **Drop Shot**

本月青少年網球之星

姓名：Apolline Thiriaux

年齡：11歲

幾歲開始學習網球？4歲

最欣賞的網球員：羅傑·費德勒

必殺技：投球



MID-AUTUMN FESTIVAL CELEBRATION 中秋節巡禮

HANDMADE MOONCAKES 自家手製月餅

- Highlights: New Handmade Mini Lotus with Egg Yolk (HK\$298 / 6 pcs) and Star-moon Deluxe (HK\$398 / 8 pcs)

重點推介：全新手製迷你蛋黃蓮蓉 (港幣\$298 / 6個) 及奶皇七星伴月 (港幣\$398 / 8個)

- 10% Early Bird Discount: Before 12 August
九折早鳥優惠：於8月12日前預訂



LUXURY HAMPERS 奢華禮品籃

- Highlights: Handmade Mooncakes, Ming Yuen Abalone and X.O. Sauce and Premium Fruit

重點推介：手製月餅、明圓鮑魚及X.O.醬和精選水果

Sky 團：港幣\$1,888 / **Moon 團**：港幣\$2,888



Enquiries and Orders 查詢及訂購：2812 3908 / 5200 8090

INDOOR-TO-OUTDOOR DINNER BUFFET 「由室內至室外」的自助晚餐

- Date 日期：13/9 (Friday 星期五)
- Time: 6:30pm – 9:30pm
時間：晚上6時30分至9時30分
- Venue: Éclat and Oasis
地點：怡景廳及綠洲池畔
- Early Bird (before 1 September) / Original
早鳥優惠 (9月1日前預訂) / 原價
Adult 成人：HK港幣\$498 / HK港幣\$568
Child 小童：HK港幣\$298 / HK港幣\$368
- Entertainment: Face Painting, Traditional Craftsmanship, Coloured Calligraphy, Handmade Nostalgic Snack and Flour Dolls
娛樂節目：手繪畫臉、民間手藝、彩色書法、即製傳統小食及麵粉公仔

Reservations 訂座：

2812 3771 / 5200 8092

MING YUEN SET MENU

明園傳統中式套餐

- Highlights: Braised Whole African Four-head Abalone and Honey Glazed American Natural Pork Platter
重點推介：原隻南非四頭鮑及美國自然豬肉叉燒拼盤
- HK港幣\$2,688 (4 persons 位)
HK港幣\$3,988 (6 persons 位)
HK港幣\$7,888 (12 persons 位)

Reservations 訂座：

2812 3908 / 5200 8090



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